



# Standard of Practice

## Transfers

This standard of practice is to support the CSW in providing safe, respectful and effective personal care to the public population in a dignified and ethical approach. Standards of Practice outline the expectations of the CSW and their responsibility in the delivery of care.

### Transfers

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The act of moving of a person or persons, from one place or setting to another, when mobility is compromised.

If the person(s) require assistance with transfers, rising from a laying or sitting position or is unable to perform this action at all, then the person(s) would require the Support Workers assistance.

A CSW must and without exception, have successfully completed the appropriate Manual Handling Course, and to have demonstrated competencies in:

- Inanimate Load handling and Application of Ergonomics
- Sitting, Standing & Walking
- Bed Mobility
- Lateral Transfers
- Hoisting

The CSW may assist the person(s) with transfers when the person(s) has sufficient balance and strength to assist the CSW with the transfer. Adaptive equipment may be used if the person(s) is fully aware and trained in the use of the equipment and can direct the transfer.

Transfers may include chair to chair, bed to chair, chair to commode or toilet, chair to bed. Always check the plan of care for directions. If the CSW is expected to care for a person(s) post hip fracture, a HP must train the CSW in proper positioning and “Log Rolling” of the client.

A Hoist, Transfer-Board or Steady may be used in the transfer by a CSW. As there are numerous different manufacturers and models of lifts, it is important to the CSW has reviewed the instructions for this particular device and has also checked with the company or facility's policy on the use of equipment where applicable. If the CSW is unsure of the proper and safe use of the device then the CSW should ask for direction from either the facility or from the appropriate supervisor.