



Standard of Practice

Dressing

This standard of practice is to support the CSW in providing safe, respectful and effective personal care to the public population in a dignified and ethical approach. Standards of Practice outline the expectations of the CSW and their responsibility in the delivery of care.

Dressing

The act of putting on or taking off clothing garments.

If the person(s) is unable to hold themselves up in a sitting position without assisted support or if the person(s) is unable to dress themselves, the person(s) would need a Support Worker for this task.

Often a person(s) may have one limb or one side of the body that is weak or compromised and is unable to use that limb for dressing themselves, also requiring assistance of a SW.

The SW may assist the person(s) in dressing when assistance includes using ordinary clothing and / or the application of over-the-counter (OTC) support stockings and / or the application of simple limb splints such as those purchased OTC and without a physician's prescription.

The SW may apply anti-embolic pressure stockings or prescribed orthopaedic devices such as braces or splints if the person(s) have either a) already been using the device prior to care starting and is a part of the care plan or b) when directed by an RHP.

As these pressure devices may cause further vessel damage if not applied correctly, it is important that the SW has received the proper training and also it is important for the SW is made aware of the policy of the facility that they are working in. The pressure devices must be noted in the Care Plan, are ordered by the physician and measured by a RHP such as a DN / RPN.

CSW – Care Support Worker

DN/RPN – District Nurse/ Registered Practical Nurse