



Standard of Practice

Bladder Care

This standard of practice is to support the CSW in providing safe, respectful and effective personal care to the public population in a dignified and ethical approach. Standards of Practice outline the expectations of the CSW and their responsibility in the delivery of care.

Bladder Care

Pertains to action to help facilitate urinary elimination. This may include the use of incontinence products, catheters or may require bladder training.

This is very private and intimate care and the person(s) should be treated with the utmost respect and dignity.

SW's must use all appropriate PPE

If the person(s) is unable to take care of their own bathroom needs or change their own incontinence products, then the person(s) would require a Support Worker. The CSW may perform bladder care when there is a need to assist the person(s) to the bathroom or to clean or change items for incontinence care such as underwear, disposable undergarments or continence products of any nature.

The CSW may assist the person(s) on and off a toilet or commode and may also assist with the use of a urinal or a bed pan.

If the CSW is expected to empty a urinary drainage bag that is attached to a closed drainage system, the CSW must be taught this procedure in obtaining their Infection Control certification, to include the importance of not breaking the closed system, due to the importance of maintaining the sterile environment, so as not to introduce infection causing bacteria.

The CSW may assist the person(s) with transfers to the bathroom or commode if the client uses a Hoist, Transfer Board or Steady for such

CSW – Care Support Worker

PPE – Personal Protection Equipment

Always follow the Care Plan.